TOWER GROVE CHRISTIAN ACADEMY

FEBRUARY 2023



WG=Whole Grain Ingredients

FEBRUARY BRUNCH FOR LUNCH BRUNCH FOR LUNCH NO ALTERNATE BRUNCH FOR LUNCH NO ALTERNATE BRUNCH FOR LUNCH NO ALTERNATE SIDE ITEMS: Seasonal Fruit FRUIT SNACK French Fries Seasonal Fruit Dinosaur Nuggets ENTREE CHOICE 1 ENTREE CHOICE 2 Hamburger Chicken Tornado SIDE ITEMS: S	*= Baked	WG=Whole Grain Ingredients		=:::::::::::::::::::::::::::::::::::::	
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Toasted Ravioli SIDE ITEMS: Veggies Seasonal Fruit Dessert 27 28 ENTRÉE CHOICE 1 FOR LUNCH FOR LUNCH FOR SUBSTITEMS: SIDE ITEMS: Seasonal Fruit Cheese Pizza ENTREE CHOICE 2 Chicken Nuggets SIDE ITEMS: Veggies Seasonal Fruit Seasonal Fruit Dessert Hot Dog SIDE ITEMS: SIDE ITEMS: Seasonal Fruit Dessert Seasonal Fruit Dessert FOR ENTREE CHOICE 2 Chicken Nuggets SIDE ITEMS: Veggies Seasonal Fruit Veggies Seasonal Fruit	NO SCHOOL	Spaghetti	Chicken Rings	Sub Sandwich	PAPA JOHNS PIZZA
SIDE ITEMS: Veggies Seasonal Fruit Pessert SIDE ITEMS: SIDE ITEMS: SIDE ITEMS: Chips Seasonal Fruit Dessert Seasonal Fruit Dessert SIDE ITEMS: Chips Seasonal Fruit Dessert Seasonal Fruit Dessert SIDE ITEMS: CHIPS FRUIT SNACK Dessert PRUIT SNACK The seasonal Fruit Dessert SIDE ITEMS: CHIPS FRUIT SNACK Dessert SIDE ITEMS: FRUIT SNACK Dessert Seasonal Fruit FOR LUNCH FOR LUNCH Veggies Side ITEMS: Veggies Seasonal Fruit		ENTREE CHOICE 2	ENTREE CHOICE 2	ENTREE CHOICE 2	alpa liftine
Veggies Seasonal Fruit Dessert Chips Seasonal Fruit Dessert Dessert CHIPS FRUIT SNACK Dessert PRUIT SNACK Dessert CHIPS FRUIT SNACK Dessert CHIPS FRUIT SNACK Dessert CHIPS FRUIT SNACK Dessert D		Toasted Ravioli	Hamburger	Hot Dog	Better Ingredients. Better Pizza.
Seasonal Fruit Dessert 27 28 ENTRÉE CHOICE 1 Cheese Pizza ENTREE CHOICE 2 Chicken Nuggets SIDE ITEMS: Veggies Seasonal Fruit		SIDE ITEMS:	SIDE ITEMS:	SIDE ITEMS:	SIDE ITEMS:
Seasonal Fruit Seasonal Fruit Dessert Dessert 27	OUCEIDENTS DIV	Veggies	French Fries	Chips	CHIPS
27 28 ENTRÉE CHOICE 1 Cheese Pizza ENTREE CHOICE 2 LUNCH Chicken Nuggets SIDE ITEMS: Veggies Seasonal Fruit		Seasonal Fruit	Seasonal Fruit	Seasonal Fruit	FRUIT SNACKS
BRUNCH FOR LUNCH Cheese Pizza ENTREE CHOICE 2 Chicken Nuggets SIDE ITEMS: Veggies Seasonal Fruit			Dessert	Dessert	
BRUNCH FOR LUNCH Cheese Pizza ENTREE CHOICE 2 Chicken Nuggets SIDE ITEMS: Veggies Seasonal Fruit	27	28			
FOR LUNCH Chicken Nuggets SIDE ITEMS: Veggies Seasonal Fruit		ENTRÉE CHOICE 1			
LUNCH Chicken Nuggets SIDE ITEMS: No Alternate Veggies Seasonal Fruit	BRUNCH	Cheese Pizza			0.000.000
SIDE ITEMS: Veggies Seasonal Fruit	FOR	ENTREE CHOICE 2			~ v
No Alternate Veggies Seasonal Fruit	LUNCH	Chicken Nuggets			10
No Alternate Veggies Seasonal Fruit		==		P. F. F.	
Seasonal Fruit	No Alternate				
Plate Lunch \$4.50 Extra Entrée \$1.75		==			
	Plate I	Lunch \$4.50	Extra Entrée \$1.75		
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Salad of the Week & Daily Special

Menu subject to change Due to product availability



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