



# November

## Tower Grove Christian Academy

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

### Did you know?



The first Thanksgiving lasted three whole days in 1863!

No School

6

Election day  
No School

7

Soft Pretzel with  
Cheese  
Pineapple  
Chunks  
Creamy Yogurt  
Veggies with Dip

8

Toasted Ravioli  
Seasoned  
Broccoli  
Mandarin  
Oranges  
Chilled Pudding

9

PAPA JOHNS  
PIZZA  
Orange Wedges  
Tossed Salad  
with Dressing

10

Fluffy Pancake  
Pork Sausage  
Patty  
Fresh Melon  
Creamy Yogurt

13

Popcorn Chicken  
Fruit Flavored  
Yogurt  
French Fries  
Veggies with Dip

14

Golden Grilled  
Cheese  
Vegetable Medley  
Frosty Peaches  
Jiggling Jell-O

15

Crispy Chicken  
Nuggets  
Tater Tots  
Fresh Veggies &  
Dip  
Creamy Sherbet

16

PAPA JOHNS  
PIZZA  
Orange Wedges  
Tossed Salad  
with Dressing

17

Chicken Fried  
Rice  
Crab Rangoon  
Fresh Broccoli  
with Dip  
Orange Wedges

20

PAPA JOHNS  
PIZZA  
Orange Wedges  
Tossed Salad  
with Dressing

21

Thanksgiving  
Break  
No School

22

No School



23

No School

24

Cheese Stuffed  
Bosco Stick  
Fresh Veggies &  
Dip  
Orange Wedges  
Yogurt

27

Pepperoni Hot  
Pocket  
Tossed Mixed  
Greens  
Diced Pears  
Yogurt

28

Orange Chicken  
White Rice  
Seasoned  
Broccoli  
Pineapple  
Chunks

29

Grilled  
Hamburger  
French Fries  
Veggies & Dip  
Mandarin  
Oranges

30



MENU IS SUBJECT TO CHANGE

Contact our dietitian  
at [lisa@foodserv.org](mailto:lisa@foodserv.org) for special  
dietary concerns

For more information about FSC or  
employment opportunities, please go to  
[www.foodserviceconsultants.org](http://www.foodserviceconsultants.org)