



TOWER GROVE CHRISTIAN ACADEMY

JANUARY 2023



*= Baked

WG=Whole Grain Ingredients








MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
NO SCHOOL	NO SCHOOL	NEW YEARS FEAST	ENTRÉE CHOICE 1 Chicken Rings ENTREE CHOICE 2 Hamburger SIDE ITEMS: Fries Seasonal Fruit Dessert	ENTRÉE PAPA JOHNS PIZZA  SIDE ITEMS: CHIPS FRUIT SNACKS MILK
				
9	10	11	12	13
BREAKFAST FOR LUNCH	ENTRÉE CHOICE 1 Pasta with Red Sauce ENTREE CHOICE 2 Chicken Nuggets SIDE ITEMS: Veggie Seasonal Fruit	ENTRÉE CHOICE 1 Sub Sandwich ENTREE CHOICE 2 Hot Dog SIDE ITEMS: Chips Seasonal Fruit Dessert	ENTRÉE CHOICE 1 Bosco Stick ENTREE CHOICE 2 Chicken Tornado SIDE ITEMS: Salad Seasonal Fruit	ENTRÉE PAPA JOHNS PIZZA  SIDE ITEMS: CHIPS FRUIT SNACKS MILK
16	17	18	19	20
NO SCHOOL 	ENTRÉE CHOICE 1 Dino Nuggets ENTREE CHOICE 2 Toasted Ravioli SIDE ITEMS: Veggie Seasonal Fruit Dessert	ENTRÉE CHOICE 1 Pizza Stick ENTREE CHOICE 2 Spicy Chicken Sandwich SIDE ITEMS: Veggie Seasonal Fruit	ENTRÉE CHOICE 1 Mac & Cheese ENTREE CHOICE 2 Chicken Nuggets SIDE ITEMS: Veggie Seasonal Fruit Dessert	ENTRÉE PAPA JOHNS PIZZA  SIDE ITEMS: CHIPS FRUIT SNACKS MILK
23	24	25	26	27
ENTRÉE CHOICE 1 Chicken Rings ENTREE CHOICE 2 Hamburger SIDE ITEMS: French Fries Seasonal Fruit Dessert	ENTRÉE CHOICE 1 Toasted Ravioli ENTREE CHOICE 2 Hot Dog SIDE ITEMS: Veggie Seasonal Fruit	ENTRÉE CHOICE 1 Macho Nachos ENTREE CHOICE 2 No 2nd Choice SIDE ITEMS: Seasonal Fruit Dessert	ENTRÉE CHOICE 1 Sub Sandwich ENTREE CHOICE 2 No 2nd Choice SIDE ITEMS: Chips Fresh Veggies with Ranch Seasonal Fruit	ENTRÉE PAPA JOHNS PIZZA  SIDE ITEMS: CHIPS FRUIT SNACKS MILK
30	31			
ENTRÉE CHOICE 1 Waffles ENTREE CHOICE 2 Cereal Bar SIDE ITEMS: Yogurt Seasonal Fruit	ENTRÉE CHOICE 1 Nachos & Cheese ENTREE CHOICE 2 No 2nd Choice SIDE ITEMS: Veggie Seasonal Fruit			

Plate Lunch \$4.50

Extra Entrée \$1.75

Salad of the Week & Daily Special

Milk .15

Flavored .19

Menu subject to change due to product availability



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