



TOWER GROVE CHRISTIAN ACADEMY

November 2022



*= Baked

WG=Whole Grain Ingredients

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	3	4
	ENTRÉE CHOICE 1 Pasta ENTREE CHOICE 2 Chicken Nugget SIDE ITEMS: Veggies Seasonal Fruit Milk	ENTRÉE CHOICE 1 Bosco Stick ENTREE CHOICE 2 Hamburger SIDE ITEMS: Veggie Seasonal Fruit Dessert Milk	ENTRÉE CHOICE 1 Chicken Rings ENTREE CHOICE 2 Hot Dogs SIDE ITEMS: French Fries Seasonal Fruit Dessert Milk	 ENTRÉE CHOICE 1 PAPA JOHNS PIZZA SIDE ITEMS: CHIPS FRUIT SNACKS MILK
7	8	9	10	11
ENTRÉE CHOICE 1 Breakfast for Lunch Pancakes ENTREE CHOICE 2 Cereal Bar SIDE ITEMS: Sausage Yogurt Seasonal Fruit Milk	ENTRÉE CHOICE 1 Toasted Ravioli ENTREE CHOICE 2 Spicy Chicken Sandwich SIDE ITEMS: Veggies Seasonal Fruit Milk	ENTRÉE CHOICE 1 Macho Nachos ENTREE CHOICE 2 No 2nd Choice SIDE ITEMS: Seasonal Fruit Dessert Milk	ENTRÉE CHOICE 1 Dino Nuggets ENTREE CHOICE 2 Mini Corn Dog SIDE ITEMS: Veggies Seasonal Fruit Dessert Milk	 ENTRÉE CHOICE 1 PAPA JOHNS PIZZA SIDE ITEMS: CHIPS FRUIT SNACKS MILK
14	15	16	17	18
ENTRÉE CHOICE 1 Mac & Cheese ENTREE CHOICE 2 Popcorn Chicken SIDE ITEMS: Veggies Seasonal Fruit Milk	ENTRÉE CHOICE 1 Pizza Stick ENTREE CHOICE 2 Tornado SIDE ITEMS: Chips Seasonal Fruit Dessert Milk	ENTRÉE CHOICE 1 Nacho & Cheese ENTREE CHOICE 2 No 2nd Choice SIDE ITEMS: Veggies Seasonal Fruit Milk	ENTRÉE CHOICE 1 Sub Sandwich ENTREE CHOICE 2 Hot Dog SIDE ITEMS: Carrot Sticks with Ranch Seasonal Fruit Milk	 ENTRÉE CHOICE 1 PAPA JOHNS PIZZA SIDE ITEMS: CHIPS FRUIT SNACKS MILK
21	22	23	24	25
ENTRÉE CHOICE 1 Chicken Nugget ENTREE CHOICE 2 Hot Dog SIDE ITEMS: Veggies Seasonal Fruit Dessert Milk	 ENTRÉE CHOICE 1 PAPA JOHNS PIZZA SIDE ITEMS: CHIPS FRUIT SNACKS MILK			
28	29	30		
 ENTRÉE CHOICE 1 Breakfast for Lunch Pancakes ENTREE CHOICE 2 Bagel & Cr. Cheese SIDE ITEMS: Sausage Yogurt Seasonal Fruit Milk	 ENTRÉE CHOICE 1 Pasta with Red Sauce ENTREE CHOICE 2 Chicken Rings SIDE ITEMS: Veggies Seasonal Fruit Milk	ENTRÉE CHOICE 1 Sub Sandwich ENTREE CHOICE 2 Hot Dog SIDE ITEMS: Chips Seasonal Fruit Dessert Milk		

Plate Lunch \$4.50

Extra Entrée \$1.75

Salad of the Week & Daily Special

Milk .15

Flavored .19

Menu subject to change Due to product availability



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